

DRY EYE QUESTIONNAIRE

Our office specializes in caring for our patients' dry eyes.
Millions of people have ocular surface disease but are unaware. We can help.

Report the types of SYMPTOMS you experience and when they occur:

SYMPTOMS	AT THIS VISIT		WITHIN PAST 3 DAYS		WITHIN PAST 30 DAYS	
	YES	NO	YES	NO	YES	NO
Dryness, Grittiness, or Scratchiness						
Soreness or Irritation						
Burning or Watering						
Eye Fatigue						

Report the FREQUENCY of the above-checked symptoms as

- 0 = Never
- 1 = Sometimes
- 2 = Often
- 3 = Constant

SYMPTOMS	0	1	2	3
Dryness, Grittiness, or Scratchiness				
Soreness or Irritation				
Burning or Watering				
Eye Fatigue				

Report the SEVERITY of your symptoms as

- 0 = No problems
- 1 = Tolerable (not perfect, but not uncomfortable)
- 2 = Uncomfortable (irritating but does not interfere with my day)
- 3 = Bothersome (irritating and interferes with my day)
- 4 = Intolerable (unable to perform my daily tasks)

SYMPTOMS	0	1	2	3
Dryness, Grittiness, or Scratchiness				
Soreness or Irritation				
Burning or Watering				
Eye Fatigue				

Do you use any eyedrops or ointments? Y N Brand _____ When? _____

Welcome to our office!

Patient Name _____ m/f Date of Birth _____ Today's Date _____
Address _____ City _____ ST _____ ZIP _____
Cell Ph _____ Work Ph _____ Home Ph _____
Email _____ (please provide so we can contact you by email)
Occupation _____ Hobbies _____
Responsible Party/Address _____

Please read the "Medical Exams vs. Vision Exams" form.

If you have or if we find eye diseases such as diabetes or cataracts or infections and more, or have questions or concerns about floaters, dryness, itchiness, headaches, etc., this visit is billed as MEDICAL---not routine vision.

*** We are following insurance rules and are required to bill this way, even if you don't have medical insurance.

PERSONAL MEDICAL HISTORY

Are you interested in getting contact lenses today? Y N Have you ever worn contact lenses? Y N
What type? soft gas perm What brand? _____ How often do you replace them? _____

Please describe eye surgeries/injuries & dates _____
Please describe eye diseases/diagnoses/other _____
Date of last eye exam _____ By whom? Where? _____
Primary Care Physician _____ Location _____
Allergies to medications _____ other allergies _____
Medications (incl. eye drops) _____
Are you using medicinal or recreational marijuana? Y N For what? _____

Are you being monitored for any of the following health problems? **Please circle or write the disease.**

- eyes (cataracts, glaucoma, mac. degen., dry eye) allergy/immune (rheumatoid arthritis)
 - general/other (_____) integumentary (acne, psoriasis)
 - genitourinary cardiovascular (HBP, heart)
 - gastrointestinal (ulcers, crohn's) musculoskeletal (arthritis)
 - psychiatric (depression, anxiety) respiratory (asthma, emphysema)
 - endocrine (diabetes, thyroid) hematological/lymph (anemia)
 - ear/nose/throat (allergies, sinus) neurological (migraines, seizures, MS)
- Alcohol use** none social daily **Tobacco use** never former current

FAMILY MEDICAL HISTORY (parents, siblings, grandparents)

cataracts glaucoma macular degeneration cancer
 diabetes HBP heart disease other _____

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It is very important for us to look inside your eyes. We recommend the Optomap retinal images for patients of all ages. We see more inside your eyes with these pictures, they are only \$30, they have no side effects, there is NO waiting, and you are not blurry for the rest of the day.

We take the images for everyone but you are not charged for them until the doctor analyzes them with your permission. Some patients will still need dilation. *The images are not covered by insurance.*

The other option is **dilation** which is included with a vision exam, can add up to an hour to your appointment, and makes things blurrier and brighter for 4-6 hours; it's not recommended to drive while dilated. It is crucial for our doctors to check eye health in patients of all ages. Diseases that can show up in your eyes include high blood pressure, diabetes, leukemia, lung and colon and breast cancers, macular degeneration...too many to list.

The Eye Team, PC

MEDICAL EXAMS VS. VISION EXAMS

We often have patients present for a vision exam but actually need a medical exam. Both are very different in terms of the services and fees, and it's important for our patients to understand these differences.

Vision exams are designed to determine a prescription for glasses and/or contact lenses and to provide a routine wellness evaluation of the health of the eyes in a healthy patient that has no particular problems or symptoms. They do not cover any advice, treatment, diagnosis, or referrals for medical issues. Conversely, medical exams are designed for when you have a medical problem that affects the eyes; many times the patient is unaware of the medical problem, and it is uncovered during the exam.

****Examples of medical conditions would be diabetes, cataracts, dry eye, headaches, floaters, allergies, macular degeneration, infections, or glaucoma.

When a medical problem that affects your eyes is present, we must bill the exam as a medical exam, not a vision exam. Accordingly, medical fees will apply, and medical insurance will be billed and any co-pays or deductibles will need to be met. **Vision exams and plans do not cover any medical issues**. Any estimates we've received from your insurance plans are not guarantees of payments, and you will ultimately be held responsible for the fees.

Please understand there is no way to know prior to your examination which type of exam you will need today or what the fees will be. Many diseases of the eyes do not have symptoms or mimic the need for new glasses. If we are on your insurance company's panel we will file the claims for you. In the event we do not accept your plan, we will provide you with an itemized receipt so that you may file the claim with your plan yourself for reimbursement.

***OUR OFFICE DOES NOT MAKE THESE RULES...
THEY ARE MADE BY THE INSURANCE COMPANIES.
WE MUST COMPLY WITH THEM,
EVEN IF YOU DON'T HAVE INSURANCE.***

Our office has advanced diagnostic equipment, including visual field testing, ocular coherence tomography, corneal topography, meibography, fundus photography, and tear osmolarity. Our doctors may order extra medical tests to document or to help determine what may or may not be causing any issues found at your exam. Again, medical coverage/copays/deductibles will apply.