


First time access to My Secure Health Data

1. You will receive an email after your appointment from information@familyvisioncenter.com with a link to <http://www.MySecureHealthData.com>. Click on provided link which will lead to a sign in menu as seen below.



Sign In

UserName/Email address


Password

[Forgot Password?](#) [Not Registered?](#)

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2. Click on [Not Registered?](#) in lower right corner
3. Enter your email address and click Next
4. A **SECOND email** (separate from the original) will be sent containing a validation code. Enter the code from this email in the appropriate space and enter your birthdate. Click next



Validation

Enter Validation Code

Enter Birth Date

January ▾ **1** ▾ **2015** ▾


[Cancel](#) [Next](#)

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- Note: If you do not receive a second email, check your spam folder as it may be there.
- Now create a password and security question for your account and click update on screen as seen below

*Note: password must contain a lowercase AND an uppercase AND a number



Account Info

New Password

Passwords should be at least 8 characters long and contain both Upper and Lower case letters as well as numbers.

Confirm Password

Choose a Secret Question

What is your mother's maiden name? ▾

Answer to Secret Question

[Update](#)

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- The home screen will now be seen. Click on “My Health Records” to view exam data.
*Email and password can be used to view information or future exam data at any time from your computer